

FOR IMMEDIATE RELEASE



HENRY CEJUDO

Olympic Gold Medalist Henry Cejudo to Kick off His American Dream Camp Series in Phoenix

May 10, 2010, Phoenix, AZ— 2008 Olympic gold medalist [Henry Cejudo](#) recently announced that he will be hosting a series of wrestling camps in select cities throughout the U.S. Cejudo's series of camps, appropriately named the "[American Dream](#)" camp series, will kick off in Cejudo's home state of Arizona. Cejudo's first American Dream wrestling camp will take place May 31st through June 4th at [Bourgade Catholic High School](#) in Phoenix.

Cejudo takes pride in mentoring young athletes and is looking forward to hosting the camps. According to Cejudo, "Through the American Dream Camps I have the opportunity to mentor many of America's future wrestling champions. It is a privilege to work with so many promising young athletes, and it is extremely rewarding to see their progress."

The weeklong [American Dream Camp Series](#) is designed for athletes of all backgrounds that have the desire to take their wrestling skills to the next level. Modeled after Cejudo's approach to the sport, the camp curriculum includes instruction on technique, intense drilling, and live wrestling matches. Participants will also gain unique motivational and nutritional knowledge from leaders in the sport.

American Dream Camps Scheduled:

Phoenix, Arizona

When: May 31-June 4, 2010

Where: [Bourgade Catholic High School](#)

4602 N. 31st Avenue

Phoenix, AZ 85017

Atlanta, Georgia

When: June 21-25, 2010

Where: [Oglethorpe University](#)

4484 Peachtree Road

Northeast Atlanta, GA 30319

Chanute, Kansas

When: June 14-18, 2010

Where: [Neosho Community College](#)

800 West 14th Street

Chanute, KS 66720

Through the American Dream Camp Series, Cejudo is able to guide America's future wrestling champions while increasing awareness for the sport that he loves. Through the camps, Henry and his team of accomplished clinicians offer participants personal instruction and the invaluable experience of building individual and team skills.

[Camp prices vary](#) with the youth, bronze, silver and gold level camps. Special discounts apply to large groups. For more information or to register for Henry Cejudo's American Dream Camps, please visit www.henrycejudo.com.

About Henry Cejudo:

Henry Cejudo is a freestyle wrestler who won a gold medal in the 2008 Beijing Olympics. At twenty-one years old, Henry became the youngest American ever to have won an Olympic gold medal in wrestling. Henry was born in Los Angeles and currently lives in Phoenix, Arizona.

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